

Welcome to our South Tyrol Travel Guide

South Tyrol bridges the gap between Mediterranean Italy and Austria's Tyrol region, Europe's sunny south and its mountainous middle. Sitting at the heart of the continent, the province has great connections, particularly by road and rail. You can drive from Zürich to Sterzing in less than four hours; Munich is three-and-a-half hours away; and Verona, with its international airport, is a stunning 90-minute train ride from Bolzano, South Tyrol's regional capital.

More importantly though, once you've arrived in Italy's northernmost province it would be sacrilege to sit still. South Tyrol – all dramatic peaks, lush valleys draped in grape vines and remote villages – demands to be thoroughly explored. There are many ways you can get around depending on how active you want to be. Whether you're on two wheels or four, hiking on foot or getting from A to B by public transport, there are countless routes (and spots for sitting and sipping) to factor in to the itinerary. This Monocle survey is a usable guide for travelling around and soaking up as many of the region's delights as possible while en route. After all, in South Tyrol the journey is half the fun.



Hotel

San Lorenzo Mountain Lodge *San Lorenzo di Sebato*

Tucked away just northeast of Brixen you'll find all the pleasures of a mountain retreat with none of the struggle against the elements. Creators Giorgia and Stefano Barbini have primed the 17-hectare plot with everything from a Finnish sauna to a private helicopter pad, all the while maintaining the 16th-century Tyrolean style. Chef Giorgia and her 1,500-bottle wine cellar await after an afternoon of skiing, hiking or golf. — MCH sanlorenzolodges.com

