

food & TR AVEI

EAT. DRINK. ESCAPE.

Peak perfection

Fill your lungs and replenish your soul at these fabulous mountain retreats, says Daisy Finer

3 LAGACIÓ MOUNTAIN RESIDENCE

SOUTH TYROL, ITALY

Everything about this place feels healthy and eco-friendly, from the natural slate to the smart grey loden (the wool of Tyrolean mountain sheep) and local scented timber. And it all looks impossibly stylish too. Rooms are named after fossils harvested from the adjacent Dolomites and a fountain in your room dispenses purified mountain water. The suites are colossal (the Ammonite suite is the size of a small hamlet), with walk-in wooden wardrobes, slate tiled showers and mountain-view windows. Make sure you don't miss the epic sunsets with the Dolomites shifting through a kaleidoscope of rose-tinted hues. Attention to detail is flawless; Barbara, the fairy godmother receptionist, will cater to your every need, taking care of the 'shopping crate' service, so you can have everything – from fruit muesli to a spare toothbrush – delivered to your room. She will also help organise your spa treatments (the honey massage and hay-based baths and peels are fantastic) and mountain bike excursions through the Fanes Sennes nature reserve. The Lagació is designed to feel like a private home and, rest assured, if you lived somewhere like this, you wouldn't dream of leaving.

DOUBLES FROM £164

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